



Mind Blank Mental Health Program's

Does your school struggle to talk openly about mental health? Are you looking for a unique way to kick start the discussion? Mind Blank could be the experience you've been looking for. We visit schools and perform our specially-designed interactive show, which tackles important topics surrounding mental ill-health, such as depression and anxiety.



Through interactive theatre we provide a fun and safe environment to host non-threatening conversations to learn about how to help in a time of need. Application of program lessons can to increase individual's chances of getting help and support for their mental and emotional health.

For more information contact 0468912399 or info@mindblank.org.au.