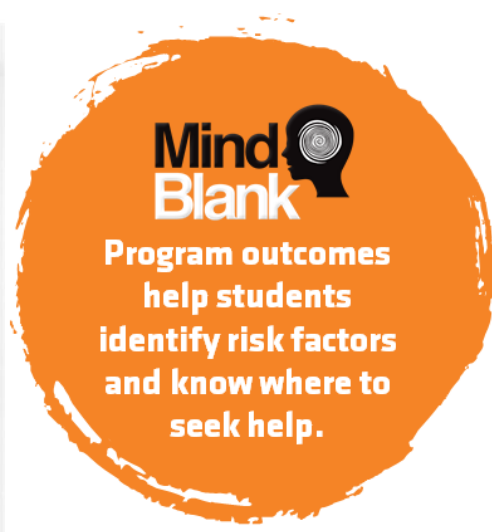
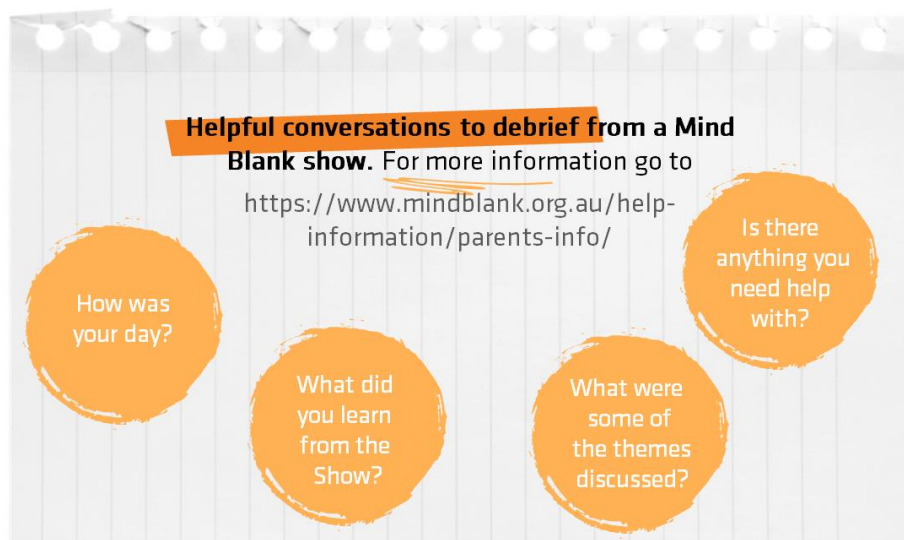




What is Mind Blank Mental Health in Schools Program?

We visit schools and perform our specially-designed interactive show, which tackles important topics such as exam stress, depression awareness, and dealing with change. Children will walk away with practical application of skills to: identify risk factors, stop and think about behaviour choices, and know where to seek help.



Through interactive theatre our shows are fun and light hearted. This provides a fun and safe environment to host non-threatening conversations to learn about how to help a friend in a time of need. Application of program lessons can to increase individual's chances of early intervention and help support children's mental health and wellbeing.

For more information contact 0468912399 or info@mindblank.org.au