



Mind Blank Mental Health in Schools Program

Mind Blank methodology is created from evidence informed primary prevention practice. Our workshops include children and young people through interactive theatre to empower them to be proactive about reducing the risk of youth suicide. Audience members walk away with practical application of skills to: identify risk factors, stop and think about behaviour choices, and know where to seek help.



Research evaluations results show that for best outcomes the school must be proactive and present at a Mind Blank event. We recommend that teachers stay engaged and participant in the workshop. The actors at times may need help settling a larger crowd. The Do No Harm framework is applied in our workshops. This promotes a fun and safe environment to discuss subject matter that is important to the cause. Despite this, we do encourage teachers to keep an eye out when attending to look out for students who may relate to the scenes on stage. A child's wellbeing is our number 1 priority at all times.

For more information contact 0468912399 or info@mindblank.org.au.