



## Mind Blank FAQ's

How does a Mind Blank performance fit into the school curriculum?

The Mind Blank model fits in with the Australian Curriculum mainly through the PDHPE & Drama/arts curriculum. Our programs are designed to enhance *social skills and reflect functioning in children and young people*.

Personal and social skills that we encourage as part of our program include:

- **Self- Awareness** - we encourage recognising and regulating emotions by guiding the students to empathise with the protagonists storyline.
- **Self - Management** - the program facilitator will guide the students to ask questions as to how they would behave differently if they were a bystander in the scenarios presented in the script. This challenges them to show initiative and be adaptive to the scenario changes.
- **Social Awareness** - we help the students to understand relationships with others. For example, we follow the main character home in which she hesitates to share with her parents what is happening. The moral lesson we wrap up the scene with rationalises that other people cannot read your mind, and so there is a need to tell people in your life what is going on if you need help.
- **Social Management** - Mind Blank programs invite the entire year group to participate in the workshop as it is a collaborative effort to come up with the solutions on stage.

For more information contact 0468912399 or [info@mindblank.org.au](mailto:info@mindblank.org.au).