Mind Blank FAQ’s

What do we aim to measure when we evaluate our programs?

- reduction of mental health stigma
- increased knowledge of signs and symptoms
- change in attitude or desire to seek help if needed
- increased knowledge help seeking

This data is collected through a mix method approach.

Our workshops promote the following key behaviours:

- Help Seeking
- Early Intervention
- Bystander Support
- How to Support a Friend
- Reduce Stigma

We aim to reduce the risk of suicide through interactive performances in schools and the community.

For more information contact 0468912399 or info@mindblank.org.au.