Mind Blank FAQ’s

What is the duration of a Mind Blank performance?

- High School Performances: 1hr
- Primary School Performances: 45mins

Our workshops promote the following key behaviours:

- Help Seeking
- Early Intervention
- Bystander Support
- How to Support a Friend
- Reduce Stigma

We aim to reduce the risk of suicide through interactive performances in schools and the community.

Through interactive theatre we provide a fun and safe environment to host non-threatening conversations to learn about how to help in a time of need. Application of program lessons can to increase individual’s chances of getting help and support for their mental and emotional health.

For more information contact 0468912399 or info@mindblank.org.au.